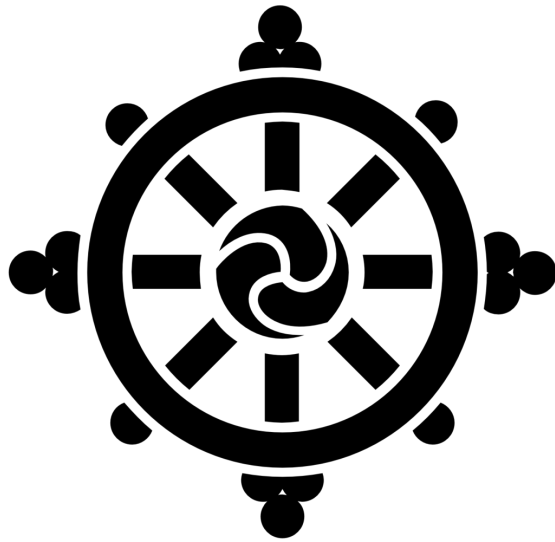


NEW
MEETING!



RECOVERY DHARMA

INSIGHT MEDITATION GROUP

SATURDAYS
@ 6:30 PM

WHAT TO KNOW??

INSIGHT MEDITATION GROUP

- **Format:** Beginner's Meditation + Topic Discussion
- **Intention:** Education + Exploration + Support
- **Structure:** Dedicated Meditation Group
- **Audience:** All in recovery are welcome

All Souls Unitarian Church
5805 East 56th Street (Northeast Side Inside 465)
Indianapolis, IN 46226

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